



GOOD NEWS MINISTRIES

A Hand Up for the Hopeless

FOOD SHOWER

FEBRUARY 17

FEBRUARY 24

Please consider helping the Good News Ministries provide food for the homeless of Indianapolis while meeting their spiritual needs. We spoke with their chef last week to get an accurate list of their needs. Please bring your non-perishable donations on Sunday, February 17 or 24, and place them on the table in the lobby. They currently need or often run out of the following items:

BREAKFAST ITEMS

- Coffee
- Cream of Wheat
- Pancake Syrup
- Pancake Mix

Items not needed:

Oatmeal, grits, boxed cereal

SPICES

- Salt
- Black Pepper
- Garlic Salt (not powder)
- Seasoned Salt

Items not needed:

Oregano, garlic powder, chili powder

CANNED GOODS

- Spinach
- Sauerkraut
- Canned Greens
- Chili Beans
- Peaches
- Pears

Items not needed:

Green beans, peas, corn, potatoes, mixed fruit, applesauce

SOUPS & SAUCES

- Cream of Mushroom
- Alfredo Sauce

Items not needed:

Spaghetti sauce, Cream of chicken soup

CONDIMENTS

- Miracle Whip
- Salad Dressings
- Pickle Relish
- Pickles (not dill)
- Soy Sauce
- Salsa
- Hot Sauce

Items not needed:

Mayonnaise, ketchup, mustard, dill pickles

MISCELLANEOUS

- Egg Noodles
- Spaghetti Noodles
- Vegetable Oil
- Sugar
- Flour
- Corn Starch

Items not needed:

Potato chips, tortilla chips, stuffing mix, corn meal, instant mashed potatoes